# MIDDLETON TYAS & MOULTON VILLAGE NEWSLETTER

## No 513

### Claiming Dates:

10 September Parish Council Meeting 7pm VenueT.B.C possibly Village Hall.15 May 2021 Moulton Plant Sale.

## Editor's Note:

Hello again Middleton Tyas and Moulton Matters readers. I hope you are all well and have enjoyed the summer (holiday if you managed one). Please don't hesitate to email Christine Bryant at (<u>mtmvillagenews@hotmail.com</u>) if you have

anything to add to the newsletter. Also a phone call would be welcome on 01325 377746 or write to 2. Cumberland Gardens. Anecdotes, puzzles and stories are welcome. See puzzle below: The cut off dates for entries into the Village news are:

20th Sep for Octobers's issue

20<sup>th</sup> Oct for November's issue

20th Nov for December/January's issue

20th Jan for February's issue

AND a huge thank you to all who have made a donation towards the survival of the Newsletter.

## **Editor's Puzzle**

#### How can you take one away from 19 and get 20?

Please email or phone the answer. First 2 correct answers will get a small prize.

If you were stumped by last month's puzzle - Switch on 2 of the 3 lights. Wait for a few minutes then switch off one of these 2 lights. Go to the cellar. One light will be on. Feel the 'OFF' bulbs. One will be cold and the other warm. The warm one is the one just switched off and the cold one was never switched on. The first 2 winners were J Perks and Norman Rudd.

# PUR HBOURHOOD N AS

Now that we've started to ease out of lockdown, we need to make sure that as well as keeping ourselves safe, we're keeping our homes and neighbourhoods safe. More people out and about means burglary is expected to rise, which is why the Neighbourhood Watch Network have launched a campaign, in partnership with the Home Office, to warn Neighbourhood Watch members, and non-members alike, and provide practical tips to prevent burglary. They are encouraging people to use the wide combination of security measures in their home (windows locked, interior lights on timer, doors double or deadlocked, external lights on sensor) which reduces the risk of burglary by nearly 50 times.

If you would like to check out Middleton Tyas Neighbourhood Watch on social media please feel free to find us on our Facebook or email us at <u>neighbourhoodwatch@middletontyas.org.uk</u>. You can also email

generalenquiries@northyorkshire.pnn.police.uk for non-urgent enquiries or contact our local police Mark Wood, Helen Sutherland and Helenor Gwatkin. Please continue to report suspicious incidents through 101 but if you believe a crime is taking place call 999 immediately.

A resident has requested the following : **Wheelie Bins Etc.** 

Wheelie bins & recycling boxes are an unfortunate and ugly fact of life and I am appealing to all residents to remove these items from the pavement as soon as possible after collection and not to put them out too soon. I have witnessed bins & boxes on display as much as 20 hours prior to collection and 72 hours after.

I appreciate that when people are away from home, for work or other reasons, it is not always possible to comply but I am aware of instances where people are at home but still leave these ugly items on display for many hours.

Please show some pride in the appearance of our Village!

A Concerned Resident.



SEPTEMBER 2020

## MIDDLETON TYAS VILLAGE SHOP MON-FRI: 8AM-2PM SAT: 8.30AM-1PM TEL: 01325 377198 EMAIL: MTVILLAGESHOP@GMAIL.COM

## **OUTREACH POST OFFICE - TUES & WEDS 10AM TO NOON**

**Apparently '**2020' is entering the language as a bit of a swear word, given that it's been so bad. Such as 'what the 2020?'. Or 'get the 2020 out of my way!' (me, when driving). Or even 'I can't see a 2020 thing when my glasses steam up while wearing this 2020 mask'...

**As** things slow down again in the shop (well, practically screech to a halt some days), we will be returning to our normal weekday opening times at the end of August. If you didn't see my original reasoning for closing an hour earlier, it was simply that Liz S and I weren't getting away until 4pm some days when we were closing at 2pm.

**The** shop has now turned 16 years old. Another year under the belt, albeit a bit of a strange one this time. Last financial year we made a loss of over £2,000, which is obviously unsustainable. This FY (which ends end of October), we will hopefully have clung on to some of the profit we made over lockdown, simply through the number of people who walked through the door. And spent money obviously.

*It's* been said many times before, you've got to use the shop or lose it, yada yada. The dynamic of this village has changed since it opened, and donations are right down. Community shops rely on this extra income, especially those with M&S and Greggs etc right up the road. If only twenty more households in this village donated, say, £5 a month (less than the cost of a bottle of wine!), it would make things a whole lot more comfortable. More than twenty, and hopefully FYs like the last one won't happen again.

So, have a think please. I hope at least some of you appreciate what we have done in the last few months and realise the value of the shop. Would that fiver a month make much difference to you? It would to the many elderly and shielding residents that we have helped get through this. Let's get to 20 extra households donating. Please, either pick up a standing order form in the shop or write to your bank with our account details, as follows:

Account name: Middleton Tyas Village Shop Ltd Bank: The Cooperative Bank Account number: 65155220 Sort code: 089299

*We* have a new shed outside which some of you will have seen already, kindly built for us by the talented Craig. It has loads of books, games, toys and DVDs for kids and adults alike. (I've managed to stop saying 'adult books and toys'.) You can swap items or leave a donation in the little money box inside. We still have books inside the shop too, but now you can wander up, down or sideways when we're closed.

**On** top of all the new stock lines that we got in after requests, we are now stocking Yorkshire Lavender linen sprays, room sprays and slumber gels. All are a decent price as the RRPs were so high you'd need a good dose of lavender to calm you down again. We still have the Swaledale hand sanitisers, but this will be the last of these. At £4.50 they are a lot dearer than all the gels around, but these last a whole lot longer, and being mostly alcohol, smell nice too. Ha. We are also selling packs of disposable masks, 10 for £4 – Tesco are selling 10 for £5.

Back in are our Middleton Tyas aprons (the snow version), bags and mugs. Our new wines are going well, in particular the Casa Defra prosecco and the Roos Valley sauvignon blanc, both of which barely touch the shelves before they are snaffled. Having a do? – talk to me about getting a deal on a case or two...

We are also trying again on ready meals, on which so far we haven't had much luck. The first two we are trying are a slow cooked beef with potato and cabbage mash and the other is a beef lasagne. Both are dairy, wheat and gluten free, cost £3.50 and have less than 400 calories.

**Thanks** go to Susan Mahaffy for her Lockdown quiz, the proceeds of which she donated to the shop. If you had a go and want to know the answers, we have a sheet up in the shop for your 'oh yeah, of course', moments. This year's quiz was won by Liz 'Quiz Queen' Simpson, who promptly donated the winning vouchers back to the shop. Many thanks to you both.

## Warning as North Yorkshire residents falling victim to 'Courier Fraud' scam

North Yorkshire police are warning residents to be extra vigilant after a number of reports have been received in the past week where the victim has been called on the telephone by someone claiming to be an officer from the Metropolitan Police in London. The victim is informed that someone has attempted to use their card to purchase a laptop or similar and as a result their bank account is under threat. The victim is instructed to attend their bank and withdraw all their money in order for a police officer to attend their home address (the courier) who will take their money for 'safe keeping'.

The victim may be further convinced the call is genuine as the fraudsters will tell the victim to call 999 to check they are genuine but do not clear the line so the victim who thinks they have dialled 999 and speaking to the police when in reality they are in fact still speaking to the fraudsters.

The victim is told to attend the bank and withdraw their money. The victim is told they may be challenged at the bank as to why they are withdrawing their money and they are told what to say, for example paying for building work, buying a car etc. The fraudster will claim the bank are involved and there is an undercover police operation in the bank and to say anything will compromise the police operation. The victim is made to think that their cooperation is needed for this police operation. Often the victim will be called by the fraudster prior to attending the bank and be told to keep their phone on whilst they are in the bank. The victim withdraws their money, often tens of thousands of pound which they take home. The fraudster posing as a police officer will attend the home and take the money often using a password agreed between the fraudster and the victim.

Detective Inspector Jon Hodgeon Head of North Yorkshire Police Economic Crime Unit explained:

"This is a sophisticated fraud perpetrated by experienced criminals who convince the victim their bank account is under threat and they need to act quickly to safeguard their money and to assist a police operation to catch criminals. A police officer will never get in touch and advise you to withdraw, transfer or pay money and neither will a bank or building society. If you receive a call out of the blue by someone claiming to be from the police asking you to withdraw or transfer your money, this is a scam and you must terminate the call immediately"

If the person you are talking to ever asks you to lie to the bank or the police, it is a scam. If you suspect you've been scammed, report it to the police by calling 101 and we will be able to support you as well as protecting others from falling victim to the same fraudsters"

# QUIZ IN LOCKDOWN - Susan Mahaffy

Congratulations to Liz Simpson on winning the Lockdown Quiz. Hers was the only all correct entry but several others were close runners up.

Thank you to all who bought the quiz, which raised  $\pounds 51$  for Shop funds. Liz very kindly declined to use the  $\pounds 10$  voucher, so benefitting the Shop further.

Anyone wanting to know the answers can see them in the shop.

# **A BIG THANK YOU** from Jeanne and Leslie Smith

We all enjoy "country walks" Tyas style especially now. No rickety stiles, or overgrown footpaths for us but clear green paths bordered by wild flowers through easy swinging gates and now NEW DRY STEPS down the steep and wet corner near Murkey Hill Farmhouse.

How lucky we are that this beautiful estate welcomes us all. Thank you to Adrian Speir and all concerned.

**Talented Youngsters** - I came across a piece of natural artwork whilst out walking the dogs. I am sure many of you saw it. I don't know who created it but suspect it was one or more of our local children. I was so impressed I took this photo. - Editor



# News from the Parish Council ~

**The Children's Play Park** is open for use, subject to everyone following current Government guidelines. Please see the notice on the gate and be sensible about use of the facility, and keep yourself and your children safe.

**Richmondshire Coronavirus Community Grant Scheme** - during lockdown, grants of up to £500 were made available for initiatives to support wellbeing of residents particularly those living alone, an example being a printer to provide information. The Parish Council seized this opportunity and applied for a grant to buy a printer capable of printing the Village News. We were successfully awarded £485.58 to purchase a Brother tri-colour printer which has enabled the new Editor to facilitate a seamless handover, ensuring no interruption to this valuable communication during unprecedented times, for which we thank Richmondshire District Council.

**Next meeting** – After our usual August break, the Parish Council will next meet on Thursday, 10th September at 7.00 pm - venue to be advised but hopefully back in the Memorial Hall. Zoom just isn't the same!

## And from Richmondshire District Council ~

**Smoke & Nuisance complaints** - A surge in complaints about smoke from bonfires has led to a plea to Richmondshire residents. They are being urged to think of their neighbours before they light bonfires to dispose of waste. The District Council has seen the number of complaints rise by over 160% in the last few weeks as people take the chance to burn waste after tidying their gardens and allotments. But with the coronavirus pandemic causing serious respiratory problems, smoke inhalation can make this worse. It is also not good for people with existing conditions such as COPD and asthma. As well as the adverse health effects, smoke disrupts household activities: drying washing and disturbing people who are continuing to work from home, forcing them to close doors and windows despite the warm weather.

Environmental Health Officers are urging people to compost their waste, use their fortnightly kerbside collections of garden waste, or take rubbish to the reopened Household Waste Recycling Centres. Anyone undertaking building work should make sure the builder does not burn waste, but instead disposes of it in a responsible and legal manner.

**Music in gardens and continuous noisy DIY**, especially late at night, is also being discouraged as it can disturb people, especially key workers who are working from home.

"Everyone is living and working in unprecedented conditions and we urge them to consider others when undergoing household work or engaging in leisure activities," said Corporate Director, Callum McKeon. "Our environmental health team is currently busy advising and helping businesses to adjust to working in a Covid secure way. We ask that people assist them by not causing an unnecessary drain on time and resources particularly at this time."

For more information visit <u>www.richmondshire.gov.uk</u> and select the Neighbour nuisances section.



# The Destination on your Doorstep!



Kiplin Hall was home to four families over 400 years, grounded in North Yorkshire they made their marks around the globe. The house and its contents tell the stories of their adventures at home and abroad. The grounds depict a classic rural Yorkshire landscape, including lush woodland, lakeside paths, and open parkland with grazing sheep. The formal gardens and rolling lawns alongside the productive walled garden create an idyllic Yorkshire country retreat.



Visit <u>www.kiplinhall.co.uk</u> or follow us on Facebook, Twitter or Instagram to keep up to date on events and exhibitions.

"We had a lovely visit where we felt really safe. A lot of thought had obviously gone into preparation for reopening the hall and grounds so that social distancing was easy to observe. The hall itself was interesting, so much to see I think it will be worth another visit. I enjoyed strolling round the walled garden, it was possible to pick some of the soft fruit in return for a donation in the honesty box, which I thought was a nice touch. Walks around the grounds were circular and one way and very clearly signed. Hand sanitiser was plentiful in the appropriate places." Visitor Review July 2020

# Staying home?

Visit our website to enjoy free online resources

- Drone footage over the gardens and grounds
- · Video Tours with legendary retired curator Dawn Webster
- 3D virtual model of the inside of the Hall
- Research on the family trees of the Calverts, Crowes, Carpenters and Talbots.



(Opening Times and Prices correct at time of writing but are subject to change, check before you travel)

# **ORE-SOME COPPER BELLES WI**

Continuing with our online sessions, July was all about mindfulness delivered by Kate Airey. Learning about the brain and how being mindful calms the 'mind chatter,' she talked us through many strategies which we could use to support our wellbeing and calm our minds. Through recognising our stress triggers, we can change our relationship with stress and help ourselves to become more resilient in the day to day. Kate advocates positive affirmation and maintaining a positive 'can do' attitude to succeed. Using a morning gratitude can help where you begin every day with a positive thought, for example being thankful for someone or something. Also posting a written positive affirmation and, if you're anything like me, visits will be often! In addition, having an awareness of your negative thoughts can help to stop them becoming embedded and support changing your thinking into more positive, helpful thoughts. Kate also linked being mindful to nutrition, exercise, stress management and sleep and she highlighted the importance to take some self-care; something we are not always very good at in our increasingly busy lives. To finish the session, we listened to Kate as she did a guided relaxation. It was very peaceful and calming and everyone was quieter than usual at the end; it must have been the relaxing effect caused upon us all.

Many thanks to Kate for an informative and relaxing session, and for sharing her general positivity with us. Something I will try to do more each day is to take a pause, quieten the mind and be mindful of myself within my surroundings. It's really easy to get swept along each day with the list of things to do but having some time out to be still and silent can reenergise the batteries. Even if I manage to steal just a small amount of time for me, it's a start! If anyone is interested in finding out more, see Kate's website <a href="https://www.nurturedwarrior.com/">https://www.nurturedwarrior.com/</a> or contact her at <a href="https://www.nurturedwarrior.com/">nurturedwarrior.com/</a>

Then for August, we had a quiet online get together to discuss future plans for our group meetings. Guidance information from the WI has been sent to everyone via email but please let us know if you have not received this. We will also be developing an Ore-some Copper Belles WI questionnaire to ensure all those unable to attend August's meeting is given the opportunity to provide their thoughts. Following the serious stuff, we then engaged in a bit of silliness in the form of our 'Ore-some Quiz'. With limited general knowledge required, members tested their brains to work out the conundrums and to end were treated to a Generation Game conveyer belt finale. Didn't they do well?

Our next meeting is on Tuesday 8<sup>th</sup> September (7:15pm). We will send out further details to all our members by email and WhatsApp. As always, if you are not a member yet but would like to join then please get in contact with us at <u>oresomecopperbelles@outlook.com</u>. New members are always welcome.

# **Moulton Matters**

## Books in the Moulton Book Stop

The sale of books DVDs, CDs, plants, cakes, biscuits, games, sticks, hay racks, mats, cooking apples and jigsaws in the bus shelter during June and July raised £1147.19, thank you to all our supporters. Thanks again to those who have generously left donations and to our bakers – Sara Richardson and Chris Wiper Gentry who have continued a daily supply of cakes and a recent new line of fruit crumbles. All books, DVDs and CDs are priced at 50p. We now have a good supply of children's books priced at 20p each.

Good quality fiction books, plants and any other produce are always welcome. Please leave them on the benches in the bus shelter.

All proceeds will go towards Moulton Village Association funds.

## **Produce in Moulton**

As we move on to produce being ready to harvest, if you have surplus items, please bring them along or drop them off at Garth Cottage. Do call at the Bus Shelter if you are passing on your daily exercise.

**Congratulations.....**to Shirley Osbaldeston and Chris Wiper Gentry who completed their tandem skydive in August, jumping from 10,000 feet over Bridlington. They raised £2500 for Herriot Hospice Homecare, well done.

## **Dog Fouling**

Sadly, once again over the summer, residents have noticed an increase in dog mess, especially at Low Gatherley and on Hall Road between the village Green and Moulton Hall. Please pick up after your dog – thank you.

## Gates on the Public Bridleway

On a number of occasions recently, it has been noted that walkers and horse riders have left the gates between Moulton Hall and Low Gatherley open. Please observe the Country Code and close them after opening, even if you are only going a short way and plan to return. Cattle are often in the field between Moulton Hall and Hall Farm Cottage and the farmer would not want them to be wandering through the village.

### Moulton Speedwatch

The Moulton Speedwatch team resumed operations early in August and after a number of sessions have suspended activity due to roadworks and parked vehicles on Scurragh House Lane. We will recommence once schools return. Unfortunately, two members of the team have had to drop out and so if anyone wishes to join, please contact John at 377328. We thank Tony and Tim for their involvement and hope to see them return in due course.

## **Moulton Communications**

We have a circulation by email (Bcc) to over 50 residents in Moulton. If you are not receiving these or perhaps are new to the village, please contact the Parish Meeting and you will be added to the list: <u>moultonparishmeeting@yahoo.com</u>.

### St. Michael and All Angels Church

Please note, due to the current pandemic restrictions we have cancelled the Lunch and Flower demonstration at the Black Bull at the end of September (29th). We hope to hold this event in 2021.

## **Church Cleaning:**

Thanks to all who have volunteered to clean St Andrew's. September: Mrs Vaux October: Mr and Mrs Whitehead

# Help Health and Social Care Services recover from COVID-19 #BecauseWeAllCare

Healthwatch North Yorkshire is urging people to share their experiences of health and social care to help services recover from COVID-19.

Two thirds of people in England say they are more likely to act to improve health and social care services since the coronavirus outbreak – and you can help improve care in North Yorkshire by joining our campaign #BecauseWeAllCare.

Healthwatch North Yorkshire is the independent public voice for people using local health and social care services across the county. We listen to what people like about services and what could be improved. We share your views with those with the power to make change happen. We can also signpost you to local services and support.

While NHS and social care services are doing everything that they can to support you and your loved ones, they need our help to know how they can improve.

Our new campaign aims to help services identify and, more importantly, address issues people are experiencing with their care. You can get involved with #BecauseWeAllCare by telling us your views about how health and social care support can be improved.

To take our quick survey, visit <u>www.healthwatchnorthyorkshire.co.uk</u> or call 01904 552687 (we're happy to ring you back).

## **CHURCH SERVICES - SEPTEMBER 2020**

Sunday 6th September	13th. After Trinity	Middleton Tyas
9.30 am Holy Communion		Revd. L. Ashton
Sidesmen	Mr. S. Hill	Mrs. M. Hill
Reader		Mrs. A. Dubiel
Readings	Romans 13, 8-end, P 316 Matthew 18, 15-20 P317	
Sunday 13th. September	14th. After Trinity	Middleton Tyas
9.30 am Morning Prayer		Mr. A. Hindhaugh
Sidesmen	Mr. S. Hill	Mrs. M. Hill
Reader	Mrs. V. Thomas	
Readings	Exodus 14, 19- 31 P318 Matthew 18, 21-35 P 323	
Sunday 13th September	14th after Trinity	Moulton
6pm Evening Prayer		Mrs. E. Croft
Readings	Exodus 14, 19- 31 P318 Matthew 18, 21-35 P 323	
Sunday 20th September	15th. after Trinity	Middleton Tyas
9.30 am Holy Communion		Rev. S. Ridley
Sidesmen	Mr. S. Hill	Mrs. M. Hill
Reader	Mrs. S. Vaux	
Readings	Philippians 1, 21-330, P329 Matthew. 20, 1-16 P 329	
Sunday 27th September	16th. after Trinity	Middleton Tyas
9.30 am Morning Prayer		Mrs. V. Waugh
Sidesmen	Mr. S. Hill	Mrs. M. Hill
Reader		Mrs. V. Waugh
Readings	Exodus 17, 1-7 P 330 Matthew 21, 23-32 P 335	

Please don't be surprised if some of the readings change.

**Please Note:** All restrictions and advice are being adhered to for your safety. At the time of writing, masks must be worn, the congregation can't sing hymns, but a choir can ! By the time you read this, a full risk assessment for Holy Communion will have been carried out. We are confident that we can meet and worship safely, and have been enjoying the variety of services that our various helpers have provided. We may think that some of the rules are bonkers, but let's go with the flow, take seriously what is important, keep calm, and carry on worshipping.