



Thanks to Philip and Caroline Harvey for this shot of their little grandchild exploring the church yard

## What bones may speak

Recent excavations of a trench across the path from the lych gate to the church revealed an interesting insight into the not too distant past of the village community. Unsurprisingly perhaps, a lot of bones were found, indicating that the church yard has been used as a burial ground for a very long time but four skeletons which appeared to be largely complete were identified and removed from the trench for analysis. At least a further four bodies were buried in close proximity to these but were less complete or less feasible to extract from the strict limits of the excavation.

Radiocarbon dating was not available but the evidence of coffin nails around two of the burials suggests that these people were buried in the nineteenth century and, given their proximity at the same depth indicates that they were probably all buried at a similar time. The skeletons were those of an adult, very probably a woman, two children, one aged four to four and a half, one somewhat older and a baby of six to nine months.

Analysis of bone development showed that the woman must have been at least 29 but evidence of osteoarthritis and joint degeneration in the spine and shoulder suggests that she may have been significantly older than that. The inside of her skull also suggested that she suffered from chronic sinusitis. Evidence of stress in the development of her teeth indicated that she had suffered some severe health problem in her childhood but had survived.

The younger child and possibly the baby showed signs of suffering from rickets. This is something which is usually associated with urban populations and it is a result of vitamin D deficiency as a result of poor diet and particularly of lack of exposure to sunlight. Perhaps the child had always been in poor health and had been kept largely indoors? (continues on page 4)

-----

## MIDDLETON TYAS VILLAGE SHOP NEWS

Tel: 377198 Open Monday to Friday 8.00 – 2.00, Friday 5.00 – 7.00, Saturday 8.30 – 1.00

### MIDDLETON TYAS POST OFFICE

Telephone: 339111

Opening hours: 8.30 – 1.30, Mondays,  
Tuesdays, Thursdays and Fridays

### Friday nights 5.00 – 7.00

Many thanks to all the people who have responded to our Friday night opening, offering to help staff the shop and, of course, coming in to buy. Takings so far have exceeded our best hopes: please keep it up. We're running this initially as a two month trial but would love to think this might become a regular feature of the shop's opening hours.

So what are people buying? Well, our new range of ready meals is flying off the shelf. Well, out of the big freezer actually: ask whoever is serving to bring you whatever you would like from this selection:

- **Irish Stew            £2.95**
- **Chilli con Carne       £2.60**
- **Dorset Sausage Bake   £2.53**
- **Beef Stew and Parsley   £3.49**  
  **Dumplings**
- **Cauliflower Cheese     £2.53**
- **Macaroni Cheese        £2.53**

They can all be cooked from frozen except the Macaroni Cheese which needs to be defrosted first. Each meal is 400g. That's enough for one generous helping, two at a pinch.

Or if you've got your own plans for supper but could really fancy some crispy potatoes to go with it, try this new addition to our range.

## Cheshire Farm SLICED POTATOES WITH ROSEMARY AND GARLIC

## SEASONED POTATO WEDGES

Chilled and ready to pop in the oven or, if you just don't care about the calories, into a deep fat fryer for a couple of minutes.

Both £2.21 for 400g

Feel like a bit of not-too-strenuous home cooking? Let Marinello come to your aid with his hand-prepared sauces:

- Neopolitan Sauce
- Honey Barbecue Sauce
- Diane Sauce for Steak

£3.25

### Fancy a beer with that?

Try our gift packs of three Yorkshire Beers.

- **YORKSHIRE BLACKOUT**
- **YORKSHIRE GOLDEN**
- **MONKMAN'S SLAUGHTER**

Speak for themselves really, don't they?  
£7.40

Fans of well-known Yorkshire wild life artist, **Joanne Kell** will be pleased to hear we have new pictures, cards and china mugs in stock.

**WOULD YOU LIKE TO BE  
A PARISH COUNCILLOR  
AND  
HELP TO MAKE  
MIDDLETON TYAS  
A BETTER PLACE TO LIVE?**

Due to a retirement  
**there is a vacancy on the  
Parish Council**  
to be filled by co-option.

If you are interested in  
applying,  
**please write to the Parish  
Council**  
*(at The Old Chapel, Middleton  
Tyas, DL10 6PP)*  
stating why you would like to  
become a Councillor  
and including your contact  
details.

If you need any information  
about qualification,  
or would like more details  
about the role,  
please contact  
**Christine Jones, Clerk to  
the Parish Council**  
on **377062** or speak with any  
Councillor

**The Parish Council subscribes to  
the Data Protection Act  
and all its current regulations.**

**News from the parish council**

***Play Park picnic table***

We are very grateful to the North Richmondshire Community Partnership for grant funding we have received towards the purchase of a new picnic table in the Play Park which was installed at the end of March. It is very colourful and made of recycled plastic so it should last for a good many years without the need for ongoing maintenance, other than an annual wash down. Hopefully some sunny Summer days will see it well used. Please could we ask you to put all food waste and litter in the bin provided before you leave and help to look after our new Parish investment. Many thanks for your cooperation.

**Moulton matters**

***Moulton Plant Sale***

The Plant Sale will be held on Saturday 7 May at St Andrew's Church from 11.00 until 3.00. There will be tomatoes, herbs and bedding plants together with pots and garden paraphernalia. There will also be a cake and produce stall. Donations of plants, tombola prizes, cakes and other produce may be brought along at 6.00pm on Friday 6 or on the day itself. If you have any plants or garden paraphernalia that you would like us to collect, please contact Chris and John, 377328. There will be bacon and sausage butties, tea, coffee and juice available together with a tombola.

We look forward to seeing you on the day.  
Proceeds are divided equally between the village funds and St Andrew's Church.

***Highways***

The damage to the verge opposite the church that occurred during the road works will be repaired by NYCC Highways.

***Books in the Bus Shelter***

The sale of books, CDs, videos and folders in the bus shelter during April raised £48.26. Thanks to all who have supported the village and for the donation recently of a large quantity of books. Good quality fiction books are always welcome. Please leave them in the bus shelter.

All proceeds will go towards Moulton Village Association funds.

***Church Cleaning:***

Thanks to all who have volunteered to clean St Andrew's.

May: Mr and Mrs Stephens

June: Jo Spence and Helen Richardson

## **A Little White Bus coming our way?**

The feasibility for providing for this area a 'Little White Bus' service such as operates in Upper Wensleydale is currently being explored. This would be a community, volunteer-led bus service serving the North Richmondshire Area and would be intended primarily to take local residents to centres they need to go to at times which are not adequately, if at all, provided for by existing bus services.

Consultation on this with local organisations and residents will be taking place in June but meanwhile, please get your thinking caps on and see how you respond to the following questions.

Would your village or your local immediate area benefit from having a bus serving the community?

Do you believe there is a demand and need for such a service within your local village?

Would you or other residents within your village use a bus service? If so, how frequently?

What are the key service centres for your household/village? Darlington? Richmond? Catterick?

Would you or someone you know, be interested in becoming a volunteer driver for the scheme?

Would you or someone you know, be interested in becoming a volunteer supporting the administration side of such a scheme?

More on this important topic next month

## **Calling all Makers and Craftspeople**

North Yorkshire Community Partnership (NYCP) wants to set up a 'Made in Yorkshire' umbrella to promote crafts and products made in North Yorkshire

Plans are still very fluid but they are putting a toe in the water with a possible one-day Craft Fair to be held at a central venue this summer. The aim would be to get people together to show what is being made or done in Yorkshire and to sell it to the public.

As well as makers and craftspeople, it will be an opportunity for local voluntary organisations to look for new volunteers and for people with some

time and expertise to find an outlet they would enjoy working with.

Everything is still up for grabs at the moment but if you feel there is something here that strikes a chord with you please contact Chloe Lewis, Business and Community Officer at Richmondshire District Council and let her know that you are interested. (Tel: 01748 901038 or email [Chloe.Lewis@Richmondshire.gov.uk](mailto:Chloe.Lewis@Richmondshire.gov.uk)).

You need to strike while the iron's hot though. Plans, suggestions, indications of interest need to be made to her by the end of May latest.

## **Village Shop**

### ***Pop In Coffee Shop***

Sadly we have had to close the Thursday morning coffee shop due to dwindling numbers of people coming in. We would like to say thank you to all those people who have supported the shop this way, and also the people who ran it - especially Gordon, Dorothy, Ken and Sandy. Also thanks to the Memorial Hall Committee for letting us use the Hall.

### ***Shop Quiz***

A big thank you to Susan Mahaffy for organising another quiz in aid of the shop, raising a brilliant £52. We can put our brains to rest now until the next one. Thanks Susan!

*Helen Foulds*

## **What bones may speak**

*(Continues from Page 1)*

The older child showed some signs of scurvy, which is something we tend to think of as affecting people earlier than C19, particularly sailors who went many months without fresh food when they were at sea. Scurvy is caused by Vitamin C deficiency which usually means a lack of fresh fruit and vegetables in the diet.

In this case it may be the result of famine, crop failure (something, for instance, similar to the famine caused by potato blight in Ireland in the C19), seasonal shortage of fresh food, the way food was cooked or it may be simply that this child wouldn't eat his greens. Children are more susceptible to Vitamin C deficiency and it will begin to be evident in their bones within one to three months.

Dental health in all but the baby was poor (the adult had lost twenty teeth before death) and suggested that their diet had been high in

carbohydrates in the form of processed flour. So lots of bread had been eaten, perhaps unsurprisingly. What is perhaps more surprising was that in all but the baby there were a high number of caries, indicative of a diet high in sugars from dried fruit, honey and refined sugar.

The younger child was buried on top of the adult, wrapped in a shroud, possibly in the same coffin. Comparison of their skulls suggested that there may have been a family connection though this cannot be proved conclusively.

All the bodies had been buried, as you would expect, observing Christian custom, lying down straight with their heads toward the West, which is how, in time, they will be re-buried.

Information source: Osteological Analysis, St Michael's Church, Middleton Tyas Report no. 0816 March 2016, York Osteoarcheology Ltd



*"We Can Dance"*  
Registered Charity no 1136698

*Ascot Ladies' Day*  
*At Crathorne Hall Yarm*  
*On Thursday 16 June 2016*

*Buck's Fizz reception at 11.30 am*  
*Followed by Lunch at 12.30 pm*

*Afternoon refreshments at 3 pm*

*Full televised coverage of the afternoon's racing programme - Betting Sheets available*

*Pretty Hat Competition - Raffle*

*Tickets £25.00 Available from June 01325 335998 and Pat 01325 377633*

## Claiming dates

### May

Saturday 7 May Moulton Plant Sale, St Andrew's Church, Moulton

Thursday 12 May 7.00 Parish Council meeting

### June

Thursday 9 June 7.00 Parish Council meeting

Sunday 12 June Queen's 90<sup>th</sup> Birthday Party Moulton

Thursday 16 June 11.30 'Crazy, Hazy, Lazy Days of Summer' The Coach House, Middleton Lodge

Thursday 16 June 11.30 Ascot Ladies Day Crathorne Hall, Yarm

## Editor's corner

Copy for the June issue by 20 May please to me at 2 The Green, telephone 377311 or email me on [dianahthomas@gmail.com](mailto:dianahthomas@gmail.com).



THE COACH HOUSE  
*at*  
MIDDLETON LODGE

**Middleton Lodge and The Coach House  
Upcoming Events....**

**Taster Evening at The Coach House  
Thursday 12<sup>th</sup> May**

5 course Taster Menu designed by our  
head chef Gareth Rayner  
Optional wine pairing  
£75pp or £105 to include wine

**Mad Hatter Themed Family Fun Day  
Saturday 21<sup>st</sup> May**

Mad Hatters table, professional storyteller,  
games on the lawn, wonderland trail, arts  
and crafts, optional fancy dress  
£8.50pp or a family of 4 £28

**An Evening of Burlesque  
Saturday 21<sup>st</sup> May at 7pm**

Join us in the Cellar Bar Supper Club and  
experience an evening of costumery,  
dance, comedy and theatre from The  
House of Trixie Blue  
Prosecco on arrival and 3 course dinner  
£65pp

**Wilderness Activity Day  
Tuesday 31<sup>st</sup> May 9am-4pm**

For ages 7-12yrs  
Shelter building, fire lighting, food for free,  
problem solving  
and team work  
£30 per child

**‘A Midsummer Night’s Dream’**

**Thursday 30<sup>th</sup> June at 7.45pm**

Outdoor theatre by Illyria, all set under  
the moonlight and  
stars on our Georgian country estate  
£16 for adults, £12 for children under 13  
years or £48 for a family of four

**Coach House Outdoor Cinema**

Our planned cinema dates are  
August 4<sup>th</sup>, 5<sup>th</sup>, 12<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>  
September 1<sup>st</sup> and 2<sup>nd</sup>  
Details of the films to be shown coming  
soon...

During Georgian Festival week in  
conjunction with The Georgian Theatre  
Royal we will be screening  
Sense and Sensibility and Pride and  
Prejudice, dates to be confirmed

**‘Dotty The Dragon’ Children’s Open Air  
Theatre**

Wednesday 17<sup>th</sup> August 3pm  
Blunderbus is proud to present this  
enchanted fairytale adventure  
£8.50pp or £30 for a family of four  
(children under 12 months free of charge)

**Please see full details of all our events at  
[www.middletonlodge.co.uk/offers-and-  
events/](http://www.middletonlodge.co.uk/offers-and-events/)**

**01325 377977 or email  
[info@middletonlodge.co.uk](mailto:info@middletonlodge.co.uk)**

## Church News

### ***A letter from Charlie – the Vicar's dog***

The biscuit-buyer, aka Jenni, was having a bad day. It had started at 4am when I had been convinced that there was a lurcher-eating dragon outside and as a responsible dog-owner, she should get out of bed and see it off. After I'd barked loudly in her ear for a couple of minutes, the biscuit-buyer had eventually got the message, tumbled out of bed, and closed the bedroom window to shut out the howling and grumbling. How was I to know that wind and rain makes such a noise.

The dragon obviously set off a course of events involving Dodger who wanted to go out and face the dragon, and Samson who, whilst the biscuit-buyer was dealing with Dodger, jumped onto the bed and snuggled down to sleep in the recently-vacated bed space.

At 6am Jenni gave up, got out of bed and fed us. So it wasn't all for nothing. Alas, the biscuit-buyer + little sleep = grumpy vicar with little empathy, so when I flew in from the garden with a large branch wrapped in my tail-fur and the contents of a muddy puddle on my paws, the biscuit-buyer looked fit to burst. I had two options: try and look cute, or run. I chose the latter, which at least evened up the pawprints on the carpet.

By 1130, the biscuit-buyer had run out of coffee. With two meetings and a collective worship entitled 'Love your Enemy' ahead of her, Jenni had adopted a rather manic look, which was accompanied by the odd twitch. Things were obviously not going well.

Evening 'walkies' was a rather a solemn affair. The biscuit-buyer stumbled through puddles muttering and grumbling whilst Dodger tried his best dragon-fighting skills on Samson, who quickly decided that not even an adrenaline-fuelled Jack Russell could catch a greyhound at full pelt, and so shot off sniggering to himself.

In the fading light I heard the words, 'Dear Lord, grant me the strength to accept the things I cannot change, the courage to change the things I can, and a good nights sleep so I can recognise the difference.' I nestled my snout against the biscuit-buyer's legs and gave her my best 'I love you' look. 'I love you too Charlie', she said, 'but if you love me, let me sleep!'

And as we walked home I made a mental note that next time the night-time dragon appeared, I would bark at it, rather than the biscuit-buyer.  
*Charlie*

### ***Bacon Butty***

Thank you to everyone who helped and supported the Bacon Butty. It was lovely to see so many people, a great atmosphere and lots of eggs and bacon consumed. The amount raised was £313 for Church funds.

*Diana Donnison*

### ***Open Gardens***

We've decided, because of the late, cold spring, not to hold an Open Gardens this year. Thank you very much to the people who have already offered to open their gardens.

*Diana Donnison*

### ***St. Michael's Majors***

The tea this month will be on Thursday 19 May. The usual travel arrangements apply.

*St Michael and All Angels Church  
invite you to*

*"These Crazy, Hazy, Lazy  
Days of Summer"*

*A flower demonstration by  
Robert Forbes  
From Ripon*

*At The Coach House  
Middleton Lodge, Middleton Tyas*

*On Thursday 16 June  
At 11.30 for coffee, Lunch with a glass of wine at  
12.30*

*Followed by a flower demonstration*

*Tickets £28 available from*

*Middleton Tyas Post Office  
Diana 377641  
Pauline 377137*

-----  
**CHURCH SERVICES – MAY 2016**

<b>Sunday 1 May</b>	<b>6<sup>th</sup>. Sunday of Easter</b>	Middleton Tyas
<b>9.30 Family Service with Holy Communion CW ( T )</b>		Rev . J. Lane
Sidesmen	Miss M. Brown	Mrs. P. Swanston
Reader	Mrs. E. Croft	TBA
Readings	Acts 16 9-15 P 783	John 14 23-29 P 785
<b>There will be refreshments after this service</b>		
<b>Sunday 8. May</b>	<b>7<sup>th</sup>. Sunday of Easter</b>	
<b>10.30 Holy Communion with Bishop James</b>	<b>Cleasby</b>	
<b>This is a Joint Service. Do try to come along. There will not be a service at Middleton Tyas</b>		
<b>Sunday 8. May</b>	<b>7<sup>th</sup>. Sunday of Easter</b>	Moulton
<b>6.00 Evening Prayer BCP</b>		Mr. M. Idale
Readings	Acts 16, 16-34 P787	John 17, 20-26 P 790
<b>Sunday 15. May</b>	Pentecost	Middleton Tyas
<b>9.30 Holy Communion CW(T)</b>		Rev. W. Sims
Sidesmen	Mr. R. Aitken	Mrs. P. Aitken
Reader	Mrs. V. Thomas	
Readings	Acts 2, 1-21 P 791	John 14, 8-17 P 794
<b>Sunday 22 May</b>	<b>Trinity Sunday</b>	Middleton Tyas
<b>9.30 Morning Prayer CW</b>		Mrs. V. Waugh
Sidesmen	Mrs. M. Hill	Mr. S. Hill
Reader	Mrs. S. Vaux	
Readings	Proverbs 8, 1-4, 22-31 P 796	John 16, 12-15 P 798
<b>Sunday 29. May</b>	<b>1<sup>st</sup>. Sunday after Trinity</b>	
<b>10.30 Holy Communion CW(T)</b>	United Service at Croft	Rev. J. Lane
<b>There will not be a service at Middleton Tyas.</b> All readings are as detailed in the Revised Common Lectionary unless otherwise shown. If anyone needs the services of a priest, please contact Rev. J. Lane on 01325 377918 or e-mail <a href="mailto:jennilane2013@btinternet.com">jennilane2013@btinternet.com</a>		

Flower rota      Sara Vaux and Jenny Simpson will be in charge of flowers this month.

Cleaning rota  
w/b 22 and 9 May      Mrs Cook and Mrs Millar  
w/b 16 and 23 May      Mrs Simpson and Mrs Alsop  
w/b 27 May and 6 June      Mrs Whittle and Mrs Aitken

April 2016

Dear Resident,

### **The Provision of a Community Defibrillator for Middleton Tyas**

Although most of us are in good health, both young and old can experience medical traumas that lead them to stop breathing. There is strong evidence that using a defibrillator within the first few minutes of such a trauma can significantly improve the chance of survival.

Several other nearby villages have already installed defibrillators and, after discussion, the MT Parish Council has concluded that the installation of a defibrillator for use by the whole community would be a significant benefit to our community. Our intention is to locate it on an outside wall of the memorial hall where it will be accessible to everyone.

We have been talking to several organisations and other Parish Councils about the provision of such equipment and have decided that the most comprehensive package is available from a charity called the Community Heartbeat Trust (CHT).

The CHT has to date placed over 1800 cPAD schemes around the UK, working on projects with UK Ambulance Trusts, Police Forces, Fire & Rescue services, organisations such as BT, Sainsbury's, the Rugby Football Union, the Mid Counties Co-op and also with over 200 councils, most recently being awarded the contract to supply 104 cPAD schemes for Central Bedfordshire council.

**Copies of the Community Defibrillation Guide can be downloaded from the Community Heartbeat Trust's website:** <http://www.communityheartbeat.org.uk/docs/Community-Guide.pdf>

We have now secured two grants to help us fund this equipment: £255 from the Richmondshire District Council, and £685 from the North Yorkshire County Council. Whilst these grants are very welcome, the cost of the equipment and installation is approximately £2500, so we have a shortfall of £1560.

Our aim is to raise the remaining balance from residents in our community. We need to ensure that the community of Middleton Tyas feels both ownership of and is empowered by the provision of this potentially life-saving piece of kit. We ask that households gift whatever they feel appropriate towards this important installation for our village. All donations however small or large will be gratefully received. Ideally this is a piece of equipment that will remain in its location rarely, if ever, needing to be used. The fact is that

it can make all the difference in whether or not someone's life is saved. It only needs to be used successfully once to make the investment worthwhile.

Included in the cost of the equipment, is a session run by the CHT for as many people as would like to be familiarised with the function of the defibrillator. We will invite residents to join the familiarisation event once we have an installation date for the equipment. I have placed more information on the Village website: [www.middletontyas.org.uk](http://www.middletontyas.org.uk) so you can find more details.

In order to contribute to this important project, please could you place your donation in the CHT Gift Aid envelope enclosed with this copy of the Village News and pop it in the post? It does not require a stamp.

I look forward to updating you in future issues of the Village News and our on the Village website on the progress of this valuable project for our community.

With kind regards,

Josephine Collis  
Brassington House  
On behalf of the Middleton Tyas Parish Council